



Message from Director of Athletics Jamie Pollard

At Iowa State University, over 450 young men and women actively participate in our inter-collegiate athletics program, comprising 18 teams that compete regularly for conference and national championships.

Upon graduating, you will transition from the structured life of college and competitive athletics to jobs and careers that will fulfill your life's potential. For many, this transitional period will be navigated gracefully and without incident; for many others it may be a confusing and frustrating experience.


Whether you are a freshman athlete just finding your way around campus, or a senior student-athlete tracking towards graduation, the Iowa State University Student-Athlete Career Guide and Handbook is designed to better prepare you for 'life after sports' and provide ready-to-use career tools and job tips you can use throughout your life.

It is important to take advantage of all the career development resources offered by the Student-Athlete Affairs program and campus Career Services. These programs and events are valuable opportunities to build resumes, network with alumni, and polish your professional skills. Upon graduation, joining the Letterwinners Club is a terrific way to stay connected and involved with our athletic program.

Our entire department is committed to helping you achieve great success inside the classroom, on the playing field and in your career pursuits after college. When you leave Iowa State, we want you to be enlightened, confident and fully prepared to succeed in your desired career path.

I look forward to celebrating your academic and athletic achievements as Iowa State Cyclones and wish you the very best in your future career endeavors.

Go Cyclones!


Jamie Pollard
Director of Athletics
Iowa State University